



Human Anti-Doping - WADA Prohibited List 2026



Dear SAEF members,

The World Anti-Doping Agency's (WADA) Prohibited List for 2026 will come into effect on 1 January 2026. The List is published on [WADA's](#) and [FEI's](#) websites along with a [summary of the major modifications from the 2025 List](#).

Athletes who take regular medication/medical treatments should recheck it against the 2026 List. In case they take a medication/treatment that has changed status (is now prohibited) they should apply for a [TUE \(Therapeutic Use Exemption\)](#) where necessary. Athletes should run this check with the help of their team doctor, physician and/or their [National /Regional Anti-Doping Organisation](#).

Athlete support personnel should ensure they are familiar with the 2026 List and its changes.

Athletes and athlete support personnel should also keep in mind that:

- Over-the-counter medication and supplements may contain prohibited substances;
- Supplements may contain prohibited substances that are not declared in the ingredients list on the label. They may also be contaminated with prohibited substances during the manufacturing process.

In order to understand and learn how to navigate the Prohibited List, please refer to:

- [The Prohibited List FAQ](#)
- "A guide to the Prohibited List" e-learning on the [ADEL learning platform](#).

Additional information about the 2026 List is available on WADA's website at [this link](#).

Regards

The SAEF Team